

Ankit Bansal, M.D.

Orthopaedic Surgery

WORK EXPERIENCE

Mercy Health Physicians, Cincinnati, OH 2020 – Present
Full-time Orthopaedic Surgeon

EDUCATION

Orthopedic Centers of Colorado, Denver, CO 2019 – 20
Fellowship in Hip & Knee Reconstruction, Hip Preservation

Johns Hopkins University, Baltimore, MD 2018 – 19
Fellowship in Shoulder Surgery

Virginia Commonwealth University, Richmond VA 2013 – 18
Residency, Orthopaedic Surgery

Northeast Ohio Medical University, Rootstown, OH 2008 – 13
MD

NYU Hospital for Joint Diseases, New York, NY 2011 – 12
Orthopaedic Clinical Research Fellowship

Youngstown State University (YSU), Youngstown, OH 2006 – 08
BS, Combined Sciences (Biology and Chemistry)

HONORS & AWARDS

VCU Resident Research Day 2nd place 2018
VCU Orthopaedic Faculty Promotional Committee (2) 2017
Shining Knight Honor of VCU Health Trauma Survivor 2017
Summa Cum Laude Graduate, YSU 2006 – 08
Dean's List, all semesters, YSU 2006 – 08
Trustees Scholarship, YSU 2006 – 08

LICENSURE

American Board of Orthopaedic Surgeons (ABOS) – *Board Eligible August 2018*
Colorado State Medical License – Feb 2019 to Apr 2021
Ohio State Medical License – May 2020 to May 2022

MEMBERSHIPS

American Academy of Orthopaedic Surgeons 2013 – Present
American Shoulder and Elbow Society – Candidate Member 2018 – Present
American Association of Hip and Knee Surgeons – Candidate Member 2019 – Present

GRANTS

1. Orthopaedic Trauma Association Resident Research Grant (\$10,000) 2016
Bansal A, Carlson D, Owen J, Cheatham S, Williams DS, Wayne J, Kates S. Ligamentous Lisfranc Injury: Direct Biomechanical Comparison of Dorsal Plate Fixation and Transarticular Screws

PUBLICATIONS

1. Best MJ, Harris AB, **Bansal A**, Huish E, Srikumaran U. Predictors of long-term opioid use after elective primary total shoulder arthroplasty. *Orthopedics*. 2021;44(1):58-63.
2. Mikula JD, Best MJ, Aziz K, Amin RM, Raad M, **Bansal A**, Huish E, Srikumaran U. Preoperative Functional Status Predicts Outcomes after Primary Total Shoulder Arthroplasty. *Seminars in Arthroplasty: J Shoulder Elbow Surg*. 2020:in press.
3. Taylor A, **Bansal A**, Shi B, Best M, Huish EG, Srikumaran U. Optimizing Fixation for Distal Biceps Tendon Repairs: A Systematic Review and Meta-regression of Cadaveric Biomechanical Testing. *Am J Sports Med*. 2020:in press.
4. Best MJ, Harris AB, **Bansal A**, Huish EG, McFarland EG, Jenkins SG, Srikumaran U. Preoperative Opioid Use is Associated with Increased Readmission, Revision Surgery and Cost after Total Shoulder Arthroplasty. *Seminars in Arthroplasty: J Shoulder Elbow Surg*. 2020;30(1):35-41.
5. Best MJ, Aziz KT, Nayar SK, Patten IS, **Bansal A**, Huish E, Srikumaran U. Smoking is an Independent Risk Factor for Complications Following Open Rotator Cuff Repair. *The Physician and Sportsmedicine*; in press.
6. Eguia F, Ali I, **Bansal A**, McFarland E, Srikumaran U. Minimal Clinically Important Differences (MCID) after Biceps Tenodesis: Definition and Retrospective Assessment of Predictive Factors. *J Shoulder Elbow Surg*. 2020;29(7S):S41-47.
7. Nayar S, **Bansal A**, Kreulen T, Weiner S, Shafiq B, Srikumaran U. Intramedullary Cage Removal for a Consolidated Proximal Humerus Fracture: A Case Report. *JBJ Case Connect*. 2020; in press
8. Ali I, Vattigunta S, Jang J, Hannan C, Ahmed M, Linton B, Kantsiper M, **Bansal A**, Srikumaran U. Racial Disparities in the Timing of Radiographic Assessment and Surgical Treatment of Hip Fractures. *Clin Orthop Relat Res*. 2020;478(3):455-461
9. **Bansal A**, Carlson D, Owen J, Cheatham S, Williams DS, Wayne J, Kates S. Ligamentous Lisfranc Injury: Direct Biomechanical Comparison of Dorsal Plate Fixation and Transarticular Screws. *J Orthop Trauma*. 2019 Jul; 33(7):e270-275.
10. Arno S, Bell C, Alaia M, Singh B, Jazrawi L, Walker P, **Bansal A**, Garofolo G, Sherman O. Does Anteromedial Portal Drilling Improve Footprint Placement in Anterior Cruciate Ligament Reconstruction? *Clin Orthop Relat Res*. 2016 Jul; 474(7):1679-89.

11. Glait S, Khatib O, **Bansal A**, Hochfelder J, Slove J. Comparing the Incidence and Clinical Data for Simultaneous Bilateral Versus Unilateral Total Hip Arthroplasty in New York State Between 1990 and 2010. *J Arthroplasty*. 2015 Nov: 30(11):1887-91.
12. **Bansal A**, Khatib O, Zuckerman J. Revision Total Joint Arthroplasty: The Epidemiology of 63,140 Cases in New York State. *J Arthroplasty*. 2014 Jan: 29(1):23-7.
13. Jazrawi L, **Bansal A**. Biochemical-based MRI in Diagnosis of Early Osteoarthritis. *Imaging in Medicine*. 2012 Feb: 4(1):1-3
14. **Bansal A**, Strauss E, Jazrawi L. Scanning Strategies: Earlier Identification Can Help Slow the Progression of Osteoarthritis. *Advance for Imaging and Radiation Oncology*. <http://imaging-radiation-oncology.advanceweb.com/Features/Articles/Imaging-and-Joint-Disease.aspx>.
15. Snyder S, Zafirau B, Hazelett S, **Bansal A**, McMahon S. Improving Transitions: Efficacy of a Transfer Form to Communicate Patients' Wishes. *Journal of the Medical Quality*. 2012 Jul-Aug:27(4):291-6

PRESENTATIONS

1. Taylor A, **Bansal A**, Shi B, Best M, Huish E, Srikumaran U. Optimizing Fixation for Distal Biceps Tendon Repairs: A Systematic Review and Meta-regression of Cadaveric Biomechanical Testing
Recorded podium presentation, SOA 2020, White Sulphur Springs, WV
2. Ali I, Vattigunta S, Hannan C, Wang N, **Bansal A**, Srikumaran U. Racial Disparities in the Timing of Radiographic Assessment and Surgical Treatment of Hip Fractures.
Podium presentation, SOA 2019, Amelia Island, FL
3. Aziz K, Best M, Shi BY, Huish E, **Bansal A**, Zikria B, Srikumaran U. Outcomes Following Open Rotator Cuff Repair in Diabetics.
Podium presentation, SOA 2019, Amelia Island, FL
4. Eguia F, Srikumaran U, **Bansal A**. Defining Minimal Clinically Important Differences (MCID) after Biceps Tenodesis: An Assessment of Preoperative Predictors
Podium presentation, SDSI 2019 Fellows Symposium, San Diego, CA
Podium presentation, SOA 2019, Amelia Island, FL
5. **Bansal A**, Carlson D, Owen J, Cheatham S, Williams DS, Wayne J, Kates S. Ligamentous Lisfranc Injury: Direct Biomechanical Comparison of Dorsal Plate Fixation and Transarticular Screws
Podium presentation, ORS 2018, New Orleans, LA
Podium presentation, VOS 2018, White Sulphur Springs, WV
Podium presentation, VCU Residents Day 2018, Richmond, VA
6. **Bansal A**, Golladay G, Boardman ND, Satpathy J. Skin Marker Visibility: A Head-to-head Comparison
Podium presentation, VCU Residents day 2017, Richmond, VA

7. Sherman O, Jazrawi L, Arno S, Bell C, **Bansal A**, Alaia M, Hall G, Strauss E, Walker P. Tibiofemoral Stability after ACL Reconstruction with Anteromedial and Transtibial Drilling Techniques.
Podium presentation, ORS 2013, San Antonio, TX
8. **Bansal A**, Khatib O, Zuckerman J. Revision Total Joint Arthroplasty: The Epidemiology of 63,140 Cases in New York State.
Poster Presentation AAHKS 2012, Dallas, TX
9. Bharam S, Cohn, R, **Bansal A**, Prestol S, Gawai Y, Ramsay J, Feldman A. Preseason Hip Screening in Professional Ice Hockey Players: An Analysis of Range of Motion and Impingement.
Poster presentation, ISHA 2012, Boston, MA

PENDING PUBLICATIONS

1. Aziz K, Best M, Shi BY, Huish E, **Bansal A**, Zikria B, Srikumaran U. Outcomes Following Open Rotator Cuff Repair in Diabetics.
2. **Bansal A**, Daher R, Rokito A, Boniface T, Strauss E, Feldman A, Jazrawi L. Patellar Tendon Ruptures: A Review of Acute and Chronic Injuries.
3. Daher R, **Bansal A**, Atanda A, Jazrawi L. Patellar Tendon Augmentation for Chronic Dysfunction Following Failed Primary Repair: A Reconstructive Procedure.
4. Bharam S, Cohn, R, **Bansal A**, Prestol S, Gawai Y, Ramsay J, Feldman A. Preseason Hip Screening in Professional Ice Hockey Players: An Analysis of Range of Motion and Impingement.

BOOK CHAPTERS IN PRINT

1. **Bansal A**, Loucks DC, Greenhow R, Swann RP. Custom Cutting Blocks. *Essentials of Cemented Knee Arthroplasty*.
2. **Bansal A**, Loucks DC, Greenhow R, Swann RP. Calipered Kinematic Alignment Using Patient Specific Instrumentation. *Calipered Kinematically Aligned Knee Arthroplasty: Theory, Operative Techniques, Outcomes, Complications*.
3. Otte RS, Garrigues G, **Bansal A**, Srikumaran U, Weick J, Freehill M, Lin A. Arthroscopic Rotator Repair: A General Instructional Course Lecture. *Instructional Course Lectures 2019*.
4. **Bansal A**, Srikumaran U. Rotator Cuff Disease. *Shoulder Synopsis*.
5. Ragusa P, **Bansal A**, Srikumaran U. Rotator Cuff Repair. *Shoulder Synopsis*.
6. **Bansal A**, Srikumaran U. Rotator Cuff Reconstruction. *Shoulder Synopsis*.

MULTIMEDIA PRESENTATIONS

1. Nayar S, **Bansal A**, Kreulen T, Weiner S, Shafiq B, Srikumaran U. Intramedullary Cage Removal for a Consolidated Proximal Humerus Fracture: A Case Report
Pending publication, JBJS Case Connector
2. Atanda A, Khatib O, **Bansal A**, Hall G, Strauss E, Jazrawi L. Ultrasound Imaging in Sports Medicine: Current Concepts, Techniques and Perspectives for the Orthopaedic Surgeon.
Scientific Exhibit Presentation, AAOS 2012, San Francisco, CA
3. Jazrawi L, Daher R, Atanda A, **Bansal A**, Hamula M. Patellar Tendon Augmentation with Hamstring Autograft Tendon.
Multimedia Exhibit, AAOS 2013, Chicago, IL

HOBBIES & INTERESTS

- Recreational sports – football, basketball, running, fitness training
- Avid enthusiast of ping pong, weight-training, hiking
- House of Cards, Narcos, Breaking Bad, Scrubs, Fresh Prince of Bel-air