



Patient Name: _____

Today's Date: _____

Dominant hand (check one): Right Left Ambidextrous
Shoulder evaluated (check one): Right Left

- | | Yes | No |
|--------------------------------------------------------------------------------------------------------------|--------------------------|--------------------------|
| 1. Is your shoulder comfortable with your arm at rest by your side? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Does your shoulder allow you to sleep comfortably? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Can you reach the small of your back to tuck in your shirt with your hand? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Can you place your hand behind your head with the elbow straight out to the side? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Can you place a coin on a shelf at the level of your shoulder without bending your elbow? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Can you lift one pound (a full pint container) to the level of your shoulder without bending your elbow? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Can you lift eight pounds (a full gallon container) to level of your shoulder without bending your elbow? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Can you carry twenty pounds at your side with the affected extremity? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Do you think can toss a softball underhand twenty yards with the affected extremity? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Do you think you can toss a softball overhand twenty yards with the affected extremity? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Can you wash the back of your opposite shoulder with the affected extremity? | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Would your shoulder allow you to work full-time at your regular job? | <input type="checkbox"/> | <input type="checkbox"/> |

Office Use Only:

- DJD SDJD RA FS PTSS AVN CA
 CTA SA PTCL RCT TUBS AMBRII